

## Payment Instructions

Full Retreat ..... \$100.00

Includes retreat rental, bedding, retreat supplies, and all meals except Saturday and Sunday lunch.

Day Timers ..... \$50.00

Includes retreat supplies and all meals except Saturday and Sunday lunch.

A minimum deposit of \$50.00 (\$35.00 of which is non-refundable) is due by December 5, 2011 with the balance due by March 1, 2012.

Payment should be in cash or by check made payable to Sallie Folk.

Mail check to:

Sallie Folk

422 West Pine Street

Florence, SC 29501



Please make sure to send in the registration form with your deposit.

## About the Retreat Center

Coastal Retreat Center is located off the coast of Charleston on the Isle of Palms. Across the road, you will find beautiful beaches great for early morning walks, a special added treat this time of year. The retreat center has 20 rooms, each with a private bathroom with shower, sink and toilet. Room accommodations are 2 double beds or 1 double bed and a set of bunk beds. There is a central dining area which seats 72 people and an adjacent, institutional size kitchen. This is a no smoking facility. Double size bed flat sheets and pillow cases will be provided if you do not want to bring your own.



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If you have questions, give Sallie Folk a call before 9:00 PM at (843) 669-6627 or drop her a note, [sbfolk@yahoo.com](mailto:sbfolk@yahoo.com)

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WOMEN DIGGING DEEPER

Women of the ELCA  
24th Annual Retreat

Isle of Palms  
Retreat Center

April 13-15, 2012



# What not to wear

WOMEN DIGGING DEEPER

Women of the ELCA  
24th Annual Retreat

## What *not* to Wear

Plans are being made for the twenty-fourth annual Women Digging Deeper Retreat to be held at the Isle of Palms Coastal Retreat Center, April 13-15, 2012. This retreat strives to be a weekend in which each participant can be refreshed spiritually, emotionally, and physically in an atmosphere of fellowship and caring. This year we will spend the weekend discussing WHAT NOT TO WEAR, getting rid of the burdens God never meant for us to put on. Are you "wearing" an outfit of criticism, pride or self-reliance? Do you dress yourself every morning in a suit of worry or joylessness? In the fifth chapter of Ephesians, Paul reminds us to put off our old selves and put on the new self, but how many of us are still walking around in old clothes? Come join us and let's spend the weekend together studying God's plan for our lives..... and our wardrobes!

### ITEMS TO BRING

Bible, comfortable clothing, towels, soap and personal items. You may bring your own pillow and/or camp chair if you wish. Session materials will be provided.

## What *not* to Wear

### Tentative Retreat Schedule

#### Friday, April 13

4:00 - 5:00 PM	Registration
5:00 - 6:00 PM	Opening Session
6:00 - 6:45 PM	Dinner
6:45 - 7:00 PM	Break
7:00 - 7:30 PM	Communion
7:30 - 8:30 PM	Session 1
8:30 until	Fellowship/Crafts

#### Saturday, April 14

6:30 AM	Beach Walk
7:15 - 7:45 AM	Devotional (Optional)
8:00 - 8:45 AM	Breakfast
9:00 - 9:30 AM	Opening
9:30 - 10:30 AM	Session 2 (Part A)
10:30 - 10:45 AM	Break
10:45 - 12:00	Session 2 (Part B)
12:00 Noon	Lunch / Free Time
5:30 PM	Return to Retreat Center
6:00 - 7:00 PM	Dinner
7:15 - 9:15 PM	Session 3
9:16 PM	Fellowship/ Craft

#### Sunday, April 15

7:30 AM	Breakfast
8:15 AM	Clean-up/ Pack Rooms
9:15 AM	Service of the Word
11:00	Check Out

## Registration

Please send this portion with your deposit

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Home Church: \_\_\_\_\_  
\_\_\_\_\_

Roommates: \_\_\_\_\_  
\_\_\_\_\_

(2 to 4 ladies to a room)

Full Retreat                      \$100.00

Day Timers                         \$50.00

Amount Enclosed: \_\_\_\_\_

(Payment instructions on back)

I plan to bring

Bed linens: \_\_\_ Yes \_\_\_ No

First time attendee: \_\_\_ Yes \_\_\_ No

Please document any special needs below:

\_\_\_\_\_  
\_\_\_\_\_  
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